Impact Report 2024

Overview

Impact Health is committed to ensuring every family member, friend, coworker, schoolmate, and community member living in Western North Carolina (WNC) can access healthy opportunities. Our nonprofit leads a network of over 60 human service organizations (HSOs) in this effort. We also support the care managers and NC Medicaid health plans involved in <u>North Carolina's Healthy</u> **Opportunities Pilot (HOP)**.

HOP is a groundbreaking program that uses Medicaid funds to improve access to nutritious food, safe housing, and reliable transportation. HOP also increases access to services that support safe and healthy relationships. Research indicates that these social drivers of health influence up to 80 percent of a person's wellbeing. By addressing these critical needs, the pilot aims to improve health while reducing healthcare spending.



With an estimated healthcare savings of over **1**000 per member per year, at current enrollment levels, HOP has the potential to save the state \$11.9 million annually in Western North Carolina alone.

2024 was a significant year of growth and innovation for Impact Health and the Healthy Opportunities Pilot. Here is a snapshot of HOP's cumulative impact in Western North Carolina since launching services in March of 2022.

By the Numbers

(Key impact data March 2022 - January 2025)











jobs supported

Access our latest Form 990 for detailed financial reporting.





WNC HOP Service Delivery

January 2024 - January 2025

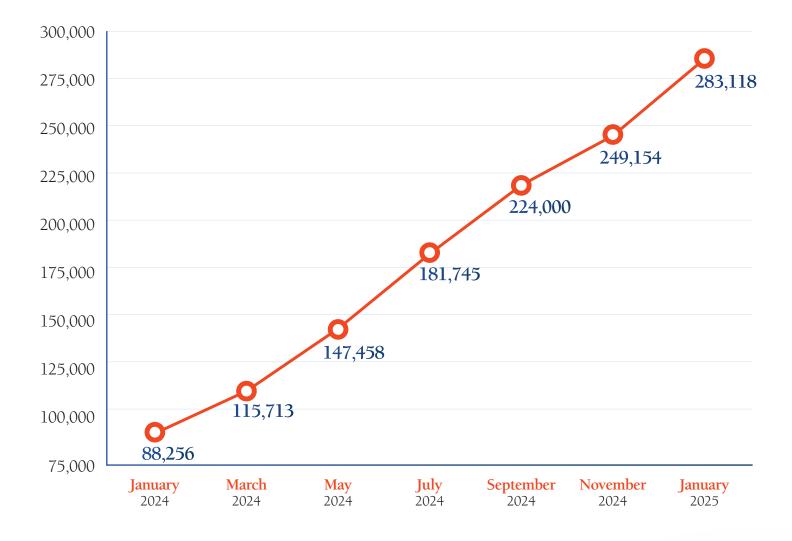
Participants



WNC HOP Service Delivery

January 2024 - January 2025

Services Delivered



Explore HOP services: impacthealth.org/pilot-services



"I felt like I was drowning out here, and then 'BAM,' HOP stepped in and changed our lives. The roof looks better than I could ever imagine. I feel better emotionally and physically, and I'm more rested than I have been in my entire life!"

Nick HOP Participant



"Impact Health's support has allowed us to educate our community about Medicaid Expansion and HOP. We have been able to ensure that returning citizens get housing and transportation support. This initiative has helped us normalize the idea that mental health is health."

> Philip Cooper Chief Change Agent, Operation Gateway

Read more partner stories: impacthealth.org/partner-stories

TITLE



"It's so affirming to hear reports from HOP clients whose physicians have put them on special diets to improve medical diagnoses. They share with us that they have seen an improvement in their health as a result of receiving our healthy fruit and vegetable boxes."

Elizabeth Willson Moss Executive Director, Interfaith Assistance Ministry

Snapshots

HOP services delivered in 2024



WNC families

received support with finding, securing, and moving into stable housing. More received help modifying existing homes to make them safer.



healthy food boxes

were provided across WNC to support families' weekly nutritional needs.



transportation services helped WNC residents meet nonmedical, health-related needs like accessing healthy food.



interpersonal violence services

were delivered to support healthy relationships and effective parenting skills.

After the Storm

In the days and weeks following Hurricane Helene, community-based organizations were among the first to respond to the critical needs of WNC residents. Thanks to the generosity of philanthropic partners like Dogwood Health Trust, Impact Health was able to allocate \$2.7 million in grant funding to local organizations working across the region. Impact Health's robust network enabled rapid distribution of funds where they were most needed. WNC HOP service providers could then focus on ensuring families had access to nutritious food, safe housing, reliable transportation, and support for healthy relationships - all resources that are significantly strained during natural disasters.



Photos clockwise from top: Potable water distribution at Safe Shelter, regional food distribution by C2Life, housing repair by Community Housing Coalition of Madison County, and fresh produce distribution through UNETE.

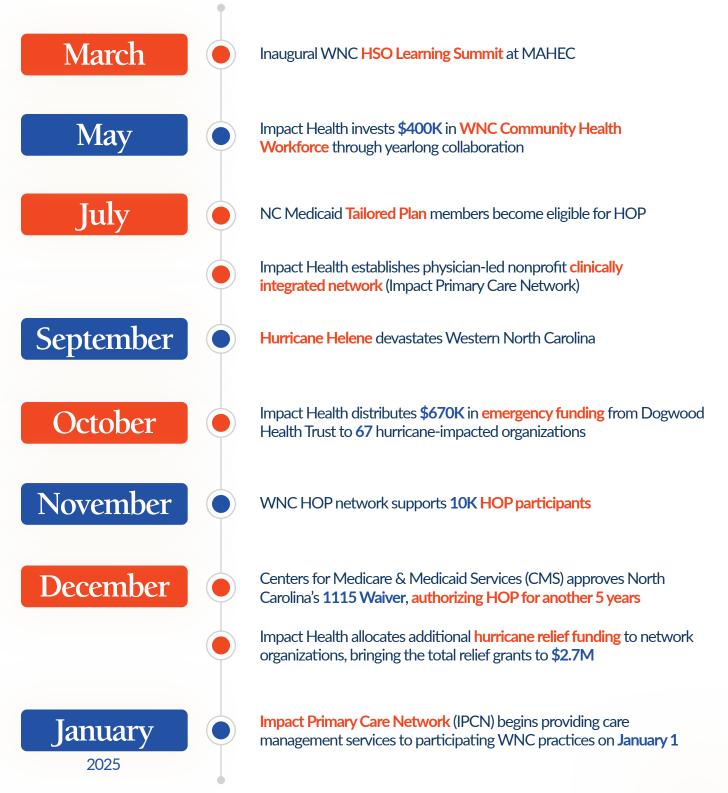


"Impact Health's support was vital to our ability to respond rapidly to the nutritional needs of our neighbors impacted by the devastation of Hurricane Helene. We already had boots on the ground doing whatever we could, but the grant funding distributed rapidly by Impact Health enabled us to say, 'let's go!"

Chasity Poteat Rice CEO/Founder of C2Life Foundation

- Hurricane Recovery Stories: C2Life Foundation
- After the Storm: Sowing Seeds for Recovery
- Securing Safe Shelter
- Dogwood Health Trust Partner Spotlight

2024 - 2025 Highlights January 2024 - January 2025



WNC HOP Network 60 Strong and Growing

As of December 2024, the following organizations make up the WNC HOP network:

- Appalachian Sustainable Agriculture Project (ASAP)
- Asheville Buncombe Community Christian Ministry (ABCCM)
- Asheville Buncombe Institute of Parity Achievement (ABIPA)
- Beacon of Hope
- Big Ivy Community Development
 Club
- Blue Ridge Women in Agriculture (BRWIA)
- Bounty & Soul
- Burke United Christian Ministries
- C2Life Foundation
- Caja Solidaria
- Children & Family Resource CenterCommunity Housing Coalition of
- Madison CountyDayspring Foundation
- Eblen Charities
- Eden of Abundance
- Eliada Homes
- Equal Plates Project
- First United Methodist Church of Waynesville

- Five Point Center
- Four Square Community Action
- Gateway Wellness Foundation
- Haywood Christian Ministry (HCM)
- Haywood Pathways Center
- Haywood Street Congregation
- Helpmate
- HIGHTS
- Hinton Rural Life Center
- Homeward Bound
- Housing Assistance Corporation
- Interfaith Assistance Ministry
- Land of Sky Regional Council
- Legal Aid of North Carolina
- Macon Program for Progress (MPP)
- MANNA FoodBank
- McDowell LFAC
- Mission Ministries Alliance (MMA)
- Mountain Housing Opportunities
- Mountain Projects
- Neighbors Feeding Neighbors Food Ministry
- New Hope of McDowell
- Our VOICE

- Pisgah Legal Services
- Reinvestment Partners
- Resources, Education, Assistance, Counseling, and Housing of Macon County (REACH of Macon County)
- Restoration House WNC
- Rutherford Housing Partnership
- SAFE of Transylvania County
- Safelight
- Share Thy Bread
- Smart Start of Transylvania County
- Southern Reconciliation Ministries (Reconciliation House)
- Thrive
- Toe River Aggregation Center Training Organization Regional (TRACTOR)
- Transylvania Habitat for Humanity
- W4H Asheville (Working Wheels)
- Western North Carolina Community Health Services (WNCCHS)
- Williams YMCA of Avery County
- WNC from the Ground Up
- WNC Lighthouse
- YMCA of Western North Carolina

See our regional impact: impacthealth.org/districts